

Important „Dos and Don'ts” for your gastroscopy

- The day before your appointment please do not eat later than 8 p.m. – it's ok to drink till midnight.

- No food, drinks, medicine or cigarettes on the day of your appointment.

- If you get any “blood thinners”, (Medicine for anticoagulation, for example Marcumar®, Xarelto®, Pradaxa®, Eliquis® and so on), please inform us some days before. We can tell you, whether you have to make a brake with it.

- It is very important to have a person who can pick you up at the doctor's office – it is not allowed to go alone, if you get a sedative Injection!

- Please wear something comfortable with short sleeves, because we need the arms for the sedation and controlling of blood pressure.

- If you get a sedation you are not able to drive (car or bicycle), it is also not allowed to do something dangerous (for example: to step on a ladder, work with electricity and so on).

- Finally, when you have any problems to come in our doctor's office, please give us a call (telephone: 09571/71517) and quit the appointment because we don't have so much space for other people. So we can give somebody else the appointment!

Your medical Team of the MVZ